

# ***Breakthrough Seminar***

## **“Releasing Limiting Beliefs”**

***Take part in a Unique Experiential Program that is guaranteed to bring positive and lasting change to your life. You will understand, identify and restructure your self limiting core beliefs so that they no longer prevent you creating the life you desire***  
***All personal breakthroughs begin with a change in beliefs.***

### **Seminar Objectives**

- Expand insight into “The Human Condition”
- Understand the Interplay of Beliefs and Stress
- Understanding how core beliefs were created, thus giving us a way to release them
- Role of Compassion
- Understanding how beliefs relate to Family lineage
- Find and understand core beliefs that limit you.
- Learn a process that releases any limiting beliefs.
- Reconnect to the truth of who you are

### **You achieve ONLY what you believe.**

What is a belief? It’s a feeling of certainty about what something means. Most of us do not consciously decide what we’re going to believe; often our beliefs are misinterpretations of past events, or external programming from others. What is important to realise is that our beliefs are creating our reality. Limiting beliefs distort your perception, so that you *consistently* look for “what’s wrong” and “what needs fixing” in your life, by default! This keeps you small and sabotages all your efforts to improve and/or to break free and repels positive experiences of joy and success

## What happens when core beliefs change?

- Your reality reflects your new belief.
- You express more of your authentic self
- You move closer to bringing heart and mind into alignment.
- You live life powerfully through your own beliefs and values instead of those imposed on you from outside.
- You move past fear and create exciting new possibilities for yourself.
- You give expression to your creativity and imagination and use these to produce excellent results in the areas that matter to you most.
- You prosper and transcend the effects of the current economic climate.
- You define your own success so it's fully in tune with your passion.

## What Beliefs can be changed?

You can change any belief that blocks you from being, doing, or having more of what you want - beliefs about money, relationships, self-esteem, self-expression, personal competence, creativity, confidence, fear, worry, intuitiveness, love, success, etc. You can find and let go hidden core beliefs that have unknown to you sabotaged your success in any part of your life.

Your beliefs are what you will bring into manifestation in your life. Our system is designed to find and change your unwanted, limiting, self-sabotaging beliefs to empowering beliefs that assure success in every area of your life, in a proven way that lasts. It is a proven system based on fifteen years and thousands of hours of client sessions. Following this system will ensure that you create a new reality and you will learn simple, strategies and techniques through which you can create permanent and significant change.

The methods you learn in this seminar are not focused on simply “overwriting” or “replacing” existing belief systems like you’re normally told to do. We bring harmony to the breeding ground from which *EVERY imbalanced thought, emotion, memory, belief, etc., grows.*

## Your next step

Are you prepared to continue running the same old stories and letting the same old limiting beliefs deprive you of the joy, abundance and opportunities that are waiting for you? Take the next step and enrol in this life changing seminar.

Venue

Course fee

Date

Contact