

The Art of Authentic Relationships

2 Day Workshop

The Next Level- Finding the Wizard of Oz

This workshop and teachings act as a roadmap that returns you home to the love and innocence that you are, allowing you to create authentic relationships that support you.

Please join us for two empowering and fun days of deep healing and profound awakenings.

Discover the simple but profound ways you can end patterns of pain, fear and unhappiness so that you can fulfil your life's purpose and love, honor and value yourself in every moment, situation and relationship.



Objective;

- ✓ radically change the way you view relationships & love
- ✓ attract relationships that support you in your life purpose
- ✓ relax into the flow and joy of intimate relationships with others and life
- ✓ move to a new level of authentic self-acceptance and self-love
- ✓ a renewed sense of compassion for self and others
- ✓ reawaken a sense of purpose and meaning in life
- ✓ end victimhood, blame and judgement
- ✓ have a wide awake joy pure love experience

You should attend if;

- ✓ you're stuck in a rut in your professional or personal relationships
- ✓ you're tired of repeat patterns that no longer support you
- ✓ you are ready to let go at the deepest level the causes of sabotage, fear, and unworthiness, from your physical, mental, and emotional bodies.
- ✓ harmonious love relationships are evading you



- ✓ you are ready to invite greater clarity, profound healing, pure love, passion, and joy into all aspects of your life
- ✓ you have attended a previous Authentic Relationship workshop and you wish to more fully integrate the experience and take it to the next level

Workshop Format;

With a complete mind body spirit approach, we will take you gently and lovingly along your yellow brick road. Tom will be facilitating through instruction, discussion, reflection and meditation and Gosha will integrate awareness with specific gentle yoga practices.

The heart of our work is a number of Awakening Practices that will guide everyone to directly experience the “awakened pure love state”

Above all it will be an exciting fun workshop, in a wonderful setting as we guide you along your path to your “Oz”.



Facilitated by Tom Tynan (Therapist, Coach, Workshop facilitator)

www.wideawakejoy.com

Gosha Karpowicz (Artist, Yoga and Art teacher)

www.FineArtsandYoga.com



Venue: TBA

